

## **Implants**

*We have done our best to provide you with the highest quality restoration for your implants. Implants have been placed successfully for over 25 years. Your implants can serve you for many years if you keep your mouth healthy and properly maintain them. Your continuing care and follow up can assure long term success.*

### ***Oral Health***

Just like your natural teeth, you should brush each morning, after every meal and especially before bedtime. Poor oral hygiene is a major reason why some implants fail. Good oral hygiene is accomplished by using...

- A small, soft toothbrush or mechanical toothbrush (Sonicare or Oral B Braun)
- Dental floss or dental tape
- Interdental brush (non-metal proxybrush)
- Oral irrigation devices (water pik)

### ***Follow Up Care***

It is important to have your implant restoration checked at least twice a year. A more frequent recall may be recommended based on your specific needs. At this visit we will check the stability of your implant, evaluate the health of your gum tissue and clean your implant. Your hygienist will help you with implant cleaning techniques.

### ***Chewing***

Your bite may feel different for a day or two. But if the bite feels high or uneven or if you feel discomfort when chewing call our office at 338-2992 for an appointment to make minor adjustments. A balanced bite is very important and delaying a necessary adjustment could damage your teeth and / or implant.

***Please contact us for an appointment if any of the following conditions occur:***

- ✓ Feeling of looseness
- ✓ Clicking or metallic snap while eating
- ✓ Breaking a piece of the prosthesis
- ✓ Redness in the gum tissue around the implant
- ✓ Feeling of the bite being different
- ✓ Pain