

## **Bridge**

*We have done our best to provide you with the finest quality bridge. Your continuing care and follow up can assure long term success.*

### ***Chewing***

The cement used to place your bridge will be its strongest after the first 24 hours. Please refrain from eating really tough or sticky foods the first day.

### ***Sensitivity***

You may experience hot/cold sensitivity for several weeks after being placed. This is not uncommon. Gum soreness or a feeling of slight pressure should subside within 1-3 days.

### ***Bite***

Your bite may feel different for a day or two. But if the bite feels high or uneven or if you feel discomfort when chewing call our office at 338-2992 for an appointment to make minor adjustments. A balanced bite is very important and delaying a necessary adjustment could damage your teeth.

### ***Oral Health***

You have made a wise decision to have your teeth replaced with a bridge. This is an investment in your oral health. The most significant reason for failure is inadequate return for examinations. With regular cleanings and check ups, your bridge should last for many years. Decay can occur around the edges of the crown units, so it is important to brush at least twice a day and floss daily using floss threaders.